

Adult Cat Food

A balanced generic homemade formula for healthy adult cats that meets AAFCO allowances:

Daily formulation for a 10lb (4.5kg) cat.

<u>Ingredients</u>	<u>Grams</u>	<u>Imperial Measure</u>
Instant rice, white, cooked	60	1/3 cup
Ground beef, 80% lean, cooked	40	2 oz
Fat*	10	2 tsp
Bone Meal**	1.2	1/4 tsp
Salt	1	1/4 tsp
<u>Taurine</u>	<u>0.5</u>	1 pinch
Total	405	

*Chicken fat, beef fat, vegetable oil, or fish oil.

**Available from United Pharmaceutical Company in St Joseph, MO. (800-254-8726). Dicalcium phosphate can be used in place of bone meal.
Human adult vitamin-mineral tablet (9g/tablet, give 1 tablet/day)

Directions:

Fry beef (do not drain fat). Pulverize the bone meal or dicalcium phosphate. Mix with all other ingredients except the vitamin-mineral supplement. Mix well and serve immediately. Feed the vitamin-mineral supplement with the meal, give as a pill or pulverize and thoroughly mix with food before feeding.

Refrigerate any unused portion; discard unused food after 3 days. Adapted from Small Animal Clinical Nutrition 4th ed.

<u>Nutrient content</u>	<u>(% DMB)</u>
Protein	31
Fat	28
Crude fiber	2
Calcium	0.69
Phosphorus	0.58
Magnesium	0.1
Sodium	0.4
Potassium	0.75
kcal (as fed)	250

Note: Even formulations that are initially complete and balanced puts pets at risk when pet owners make their own food substitutions, omit ingredients because of personal preference or convenience or make preparation errors. Formulations for homemade foods should not be assumed to be complete or balanced for any canine or feline life stages until sufficiently tested (feeding tests, nutrient analysis, etc.). Most recipes have been crudely balanced using the average nutrient content of specific foods and computer assimilation. The palatability, digestibility and safety of these recipes have not been adequately or scientifically tested.

Adult Low Fat Cat Food

A balanced low-fat-mineral homemade formula for adult cats*,**

Daily formulation for a 40lb (18kg) cat.

<u>Ingredients</u>	<u>Grams</u>	<u>Imperial Measure</u>
Chicken Liver, cooked	125	½ cup
Instant rice, white, cooked	46	½ cup
All Bran	8	¼ cup
Calcium carbonate***	1.2	¼ tsp
Salt, iodized	0.3	1 pinch
<u>Salt substitute (KCI)****</u>	<u>0.3</u>	<u>1 pinch</u>
Total	180	

*Also feed one human adult vitamin-mineral tablet daily to dogs.

**ESHA Research. Diet Analysis Software. Food Processor Plus, version 5.03, 1990 Salem, OR. Agricultural Software Consultants, Inc.

***Tums tablets, ground or ground eggshells

****Potassium Chloride, available in groceries as a salt substitute.

Directions:

Bake or microwave chicken liver. Grind or finely chop meat if necessary. Mix with all other ingredients except the vitamin-mineral supplement. Mix well and serve immediately or cover and refrigerate. Feed the daily vitamin-mineral supplement with the meal, give as a pill or pulverize and thoroughly mix with food before feeding.

Refrigerate any unused portion; discard unused food after 3 days. Adapted from Small Animal Clinical Nutrition 4th ed.

<u>Nutrient content</u>	<u>(% DMB)</u>
Dry matter	33.8
Protein	52.7
Fat	11.4
Linoleic acid	1.2
Fiber	5.2
Calcium	0.85
Phosphorus	0.77
Magnesium	0.11
Sodium	0.44
Potassium	0.67
kcal (as fed)	420

Note: Even formulations that are initially complete and balanced puts pets at risk when pet owners make their own food substitutions, omit ingredients because of personal preference or convenience or make preparation errors. Formulations for homemade foods should not be assumed to be complete or balanced for any canine or feline life stages until sufficiently tested (feeding tests, nutrient analysis, etc.). Most recipes have been crudely balanced using the average nutrient content of specific foods and computer assimilation. The palatability, digestibility and safety of these recipes have not been adequately or scientifically tested.